



Welcome to our Premier Restaurant and Take-away

**BARINDA**  
Cheadle Hulme  
restaurant: 0161 488 4224



We have many loyal customers who enjoy our  
First Class Service and Cuisine.

You are welcome to bring your own Wine and Beer,  
we will supply free corkage and glasses  
(does not include soft drinks)

Please do not bring your own soft drinks

OUTSIDE CATERING AVAILABLE  
FOR ALL OCCASIONS

### FOOD ALLERGIES & INTOLERANCES

Please speak to our staff about the ingredients,  
in your meal when making your order.  
All our dishes are gluten free other than the breads.

Please Note:

1. Rice, Nan or Chips are not included with the following dishes
2. Dish strength guide: Mild 🌶 Medium 🌶🌶 Hot 🌶🌶🌶 Very Hot 🌶🌶🌶🌶

### Starters

The following starters are served with Salad and Mint Yoghurt Sauce.

MIXED KEBAB .....	£6.95	KING PRAWN BUTTERFLY .....	£7.50
CHICKEN TIKKA .....	£4.95	SOMOSA (meat or vegetable) .....	£4.50
TANDOORI CHICKEN .....	£4.95	ONION BHAJI.....	£4.50
TANDOORI LAMB CHOPS (3pcs) .....	£7.50	PRAWN PURI .....	£5.50
LAMB TIKKA .....	£5.95	GARLIC MUSHROOM PURI.....	£5.25
SHEEK KEBAB .....	£4.95	CHICKEN PAKORA.....	£4.95
SHAMI KEBAB .....	£4.95	VEGETABLE PAKORA.....	£4.75
CHICKEN CHAT .....	£5.50	MIXED KEBAB (SHARING FOR 2).....	£12.50
		KING PRAWN PURI.....	£7.50

### Barinda Specials

Balti Dishes are prepared with a special Balti sauce, which consists of more than 20 different herbs & spices. These are traditionally cooked with mostly fresh herbs & spices, and are served in Balti (Karahi Indian version) a dish like a wok as cooked & served in the northern part of India.

🌶	BARINDA SPECIAL CHICKEN 🍷 .....	£12.95
🌶	BALTI CHICKEN TIKKA CHILLI MASSALLA .....	£12.95
🌶	BALTI CHICKEN TIKKA PESHWARI.....	£12.95
🌶🌶	BALTI JALFREIZI (Chicken or Prawn) .....	£11.75
🌶	BALTI EXOTICA (Barinda Mix Special).....	£14.95
🌶	BALTI CHICKEN .....	£11.75
🌶	BALTI CHICKEN TIKKA.....	£11.95
🌶	BALTI LAMB.....	£12.95
🌶	BALTI LAMB TIKKA .....	£13.50
🌶	BALTI PRAWN .....	£11.75
🌶	BALTI KING PRAWN .....	£14.50
🌶	BALTI ROGON JOSH (Chicken or Prawn) .....	£11.75
🌶🌶	BALTI MADRAS (Chicken or Prawn).....	£11.75
🌶🌶🌶	BALTI VINDALOO (Chicken or Prawn) .....	£11.75
🌶	BALTI BHUNA (Chicken or Prawn).....	£11.75
🌶	BALTI DUPIAZA (Chicken or Prawn) .....	£11.75
🌶	BALTI SAG (Chicken or Prawn) .....	£12.95
🌶🌶	BALTI CHICKEN TIKKA JALFREIZI .....	£12.50

### New Fish Specials

🌶	FISH MASSALA (Mild).....	£12.95
	<i>Fillet pieces cooked in a rich almond creamy sauce.</i>	
🌶🌶	FISH JALFRAZI (Fairly hot) .....	£12.95
	<i>Stir fried pieces of cod with hot spices, chopped onions and fresh green chillies.</i>	
🌶	KARAHI FISH (Medium) .....	£12.95
	<i>Delicately prepared with fresh herbs &amp; spices. Cooked with onion, capsicum &amp; garnished with fresh coriander</i>	
🌶🌶	GARLIC CHILLI FISH (Fairly hot) .....	£12.95
	<i>A dish prepared in thick garlic sauce with herbs, green chillies, capsicum, tomatoes .. and fresh dhania.</i>	

### New at Barinda

🌶	HANDI CHICKEN.....	£12.95
	<i>Tender pieces of Chicken tikka on bone in exotic spicy sauce with fresh chilli, tomato and coriander</i>	
🌶	HANDI LAMB.....	£13.95
	<i>Tender pieces Lamb chops with Lamb tikka in exotic spicy sauce with fresh chilli, tomato and coriander</i>	
🌶	BUTTER CHICKEN JAL.....	£12.50
	<i>Tender pieces of Pulled Tandoori Chicken cooked in butter creamy exotic spicy sauce with fresh chilli, tomato, diced onions and peppers</i>	
🌶	KING PRAWN DONEYA.....	£14.95
	<i>Caramelised peppers, onion, tomatoes garnished with extra coriander in medium spicy sauce</i>	
🌶	CHICKEN TIKKA DONEYA.....	£12.50
	<i>Caramelised peppers, onion, tomatoes garnished with extra coriander in medium spicy sauce</i>	
🌶	KARAHI LAMB CHOP SHASHLICK.....	£14.95
	<i>Tender tandoori lamb chops, char grilled peppers, onions &amp; tomato cooked in exotic spicy sauce</i>	

### Tandoori Specialities

The following dishes are served with Salad and Vegetable Curry Sauce.

🌶	HALF TANDOORI CHICKEN .....	£12.95
	<i>Spring Chicken marinated with delicate herbs &amp; spices, barbecued over flaming coal.</i>	
🌶	CHICKEN TIKKA .....	£12.95
🌶	LAMB TIKKA .....	£13.95
	<i>Tender pieces of Lamb with various fresh spices and cooked over flaming coal.</i>	
🌶	TANDOORI LAMB CHOP.....	£14.50
	<i>Tender Lamb Chops on the bone, marinated with delicate herbs &amp; spices.</i>	
🌶	TANDOORI KING PRAWN.....	£14.95
	<i>King Prawn marinated, seasoned with light spices, cooked over flaming coal.</i>	
🌶	TANDOORI MIXED.....	£14.95
	<i>Tandoori Chicken, King Prawn, Kebab, Chicken &amp; Lamb Tikka.</i>	
🌶	CHICKEN TIKKA SHASHLICK.....	£12.95
	<i>Barbecued with green peppers, onions &amp; tomatoes</i>	
🌶	LAMB TIKKA SHASHLICK .....	£14.50
	<i>Barbecued with green peppers, onions &amp; tomatoes</i>	

### Chef's Recommendations

🌶	CHICKEN TIKKA MASSALLA .....	£12.50
	<i>Boneless Chicken in a spicy butter &amp; cream sauce, with exotic herbs &amp; spices.</i>	
🌶	LAMB TIKKA MASSALLA .....	£13.50
🌶	VEGETABLE MASSALLA.....	£11.75
🌶	TANDOORI KING PRAWN MASSALLA.....	£14.95
	<i>Tandoori King Prawn cooked in a spicy butter &amp; cream sauce with exotic herbs and spices.</i>	
🌶	MAKHON CHICKEN.....	£12.50
	<i>Tandoori baked boneless Chicken pieces cooked in butter with oriental spices, chopped ... tomatoes and cream.</i>	
🌶	CHICKEN TIKKA PASANDA .....	£12.50
	<i>Chicken Tikka prepared with rich creamy almond onion sauce.</i>	
🌶	CHICKEN TIKKA REZZALA.....	£12.50
	<i>Chicken Tikka specially prepared by our Chef, with onions and capsicum.</i>	
🌶	CHICKEN TIKKA KASHMIR .....	£12.50
	<i>Chicken Tikka blended with a preparation of coconut and mango.</i>	
🌶	KARAHI CHICKEN TIKKA.....	£12.50
	<i>Chicken Tikka cooked in delicacy of oriental spices, herbs and fresh tomatoes.</i>	
🌶	KARAHI KING PRAWN.....	£14.50
	<i>King Prawns cooked in a delicacy of oriental spices, herbs and fresh tomatoes.</i>	
🌶	KARAHI MIXED.....	£13.50
🌶🌶	JALFREIZI (Chicken Tikka) .....	£12.50
🌶🌶	JALFREIZI.....	£12.50
	<i>Chicken cooked with fresh green chilli, ginger, capsicum, onion and tomato.</i>	
🌶	GARLIC CHICKEN TIKKA .....	£12.50
	<i>Cooked with freshly chopped garlic and marinated chicken in medium sauce.</i>	
🌶	CHICKEN TIKKA MOSSOMMON.....	£12.50
	<i>Chicken Tikka specially prepared by our Chef, garnished with sliced egg.</i>	
🌶	CHICKEN TIKKA MUGLAI.....	£12.50
	<i>Chicken Tikka prepared with boiled egg and rich creamy almond onion sauce.</i>	
🌶	SHASHLICK KARAHI CHICKEN .....	£13.50
	<i>Marinated chicken pieces, green peppers, onion &amp; tomato cooked together in the tandoor, it is then transferred to a pan to cook with the special sauce making this exquisite Karahi dish. Garnished with fresh coriander &amp; green chillies.</i>	
🌶	SHIMLA CHICKEN TIKKA .....	£12.95
	<i>Succulent pieces of chicken in a medium to hot spice with fresh strips of beans, garnished with fresh coriander.</i>	
🌶	SHAHI CHICKEN TIKKA .....	£12.95
	<i>Cooked with freshly ground spices, herbs and minced meat.</i>	
🌶🌶	ACHARI CHICKEN TIKKA CHILLI.....	£12.95
	<i>Chicken tikka cooked with exotic pickle, fresh chilli and fresh coriander.</i>	
🌶🌶	SYLHETI NAGA JALFREZI CHICKEN TIKKA .....	£12.95
🌶	SILSITI CHICKEN .....	£12.95
🌶	AKBORI CHICKEN .....	£12.95

## Traditional Curry Dishes

### KORMA

A preparation of mild spices with coconut cream cooked in milk and cream, a very mild dish

### DANSAK

A sweet and sour preparation with lentils and pineapple, cooked in milk and cream.

### BANGALORE

A very tasty fruity dish cooked in mild spices with cream of coconut and bananas.

### MEDIUM CURRY

A preparation from the basic range of Indian spices.

### BHUNA

A fried preparation of tomato and ginger cooked with a combination of oriental spices enhanced with fresh dhania.

### ROGON JOSH

A special characteristic dish cooked in spiced oil using fresh tomatoes, pimentos and a combination of herbs and spices.

### SAMBER

Hot and spicy dish cooked in spices & other ingredients with fresh lemon and lentils.

### MADRAS

Hot and spicy, cooked in traditional spices with a thick sauce and tomato puree.

### VINDALOO

(Very Hot) An extra hot, traditional Indian dish cooked with a greater portion of garlic, tomato puree, ginger and black pepper to give a fiery taste to the richness of its ingredients.

### DUPIAZA

A dish prepared with lots of onions, pepper, cinnamon and cardamoms all fried together to give a spicy (but not hot) dish.

CHICKEN .....	£11.50
LAMB .....	£12.95
PRAWN .....	£11.50
KING PRAWN .....	£14.50
VEGETABLE.....	£10.95
CHICKEN TIKKA.....	£11.95
FISH .....	£12.95
ADD PANEER OR MUSHROOM TO ABOVE DISHES .....	+£1.50

## BIRYANI DISHES

An excellent dish. Rice fried together with the ingredients

(i.e. Chicken, Meat or Vegetable etc) cooked in spiced oil with sultanas and almonds, garnished with a light omelette and served with a medium vegetable curry sauce.

CHICKEN TIKKA BIRYANI .....	£13.95
MUGLAI BIRYANI .....	£14.50
CHICKEN BIRYANI.....	£13.50
LAMB BIRYANI .....	£14.75
PRAWN BIRYANI.....	£13.50
KING PRAWN BIRYANI .....	£15.95
VEGETABLE BIRYANI.....	£12.95
MIX VEGETABLE PANEER BIRYANI.....	£13.50

## Vegetable/Meat Dishes

☪ SAG .....	CHICKEN £12.50.....LAMB £13.95
<i>Diced Chicken or Lamb cooked in oriental spices with spinach.</i>	
☪ DAL.....	CHICKEN £12.50.....LAMB £13.95
<i>Diced Chicken or Lamb cooked in oriental spices with lentils.</i>	
☪ GHOBHI .....	CHICKEN £12.50.....LAMB £13.95
<i>Diced Chicken or Lamb cooked with cauliflower and various herbs and spices.</i>	
☪ MIXED VEGETABLE.....	CHICKEN £12.50.....LAMB £13.95
☪ CHANA.....	CHICKEN £12.50.....LAMB £13.95
<i>Diced Chicken or Lamb cooked in oriental spices with chick peas.</i>	
☪ BHINDI .....	CHICKEN £12.50.....LAMB £13.95
<i>Diced Chicken or Lamb with Okra.</i>	

## Set Meals

### (A) SET MEAL FOR ONE PERSON £19.95

STARTERS:	ONION BHAJI
MAIN DISHES:	CHICKEN TIKKA MASSALA
SIDE DISHES:	BOMBAY POTATO PILAU RICE OR NAN

### (B) SET MEAL FOR TWO PEOPLE • £38.95

STARTERS:	CHICKEN TIKKA SHAMI KEBAB
MAIN DISHES:	CHICKEN TIKKA MASSALA BEEF ROGON JOSH
SIDE DISHES:	MUSHROOM BHAJI PILAU RICE, NAN

## BALTI VEGETABLES

BALTI SAG ALOO (Spinach and Potatoe in spicy Balti sauce).....	£11.50
BALTI MUSHROOM (Mushroom in spicy Balti sauce).....	£11.50
BALI ALOO CHANA (Chickpeas and Potatoe in spicy Balti sauce).....	£11.50
BALTI MIX VEGETABLE (Veg in spicy Balti sauce).....	£11.50
BALTI VEGETABLE PANEER (Veg & Paneer in spicy Balti sauce).....	£12.50
BALTI MUSHROOM PANEER .....	£12.50
BALTI SAG ALOO PANEER .....	£12.50
BALTI ALOO CHANA PANEER .....	£12.50

## English Dishes

Served with Chips, Peas & Salad

OMELETTES (Chicken, Prawn, Mushroom or Plain) .....	£11.95
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## SIDE DISHES

MIXED VEGETABLE BHAJI .....	£5.25
BOMBAY POTATO.....	£5.25
GARLIC POTATO .....	£5.25
ALOO GHOBHI.....	£5.25
MUSHROOM BHAJI .....	£5.25
ALOO METHI .....	£5.25
BHINDI BHAJI .....	£5.25
SAG BHAJI.....	£5.25
SAG ALOO.....	£5.25
SAG PANEER.....	£5.25
TARKA DAL .....	£5.25
CAULIFLOWER BHAJI .....	£5.25
MAKHANI DHAL.....	£5.25

## SUNDRIES

CHUTNEY TRAY .....	£2.00
PAPPADOM.....	£0.80
PILAU RICE .....	£3.25
BOILED RICE.....	£3.25
PEAS PILAU RICE.....	£4.50
SPECIAL PILAU RICE .....	£4.50
EGG PILAU RICE .....	£4.50
VEGETABLE PILAU RICE.....	£4.50
MUSHROOM PILAU RICE.....	£4.50
KEEMA PILAU RICE .....	£4.50
NAN .....	£3.25
STUFFED NAN.....	£3.50
PESHWARI NAN .....	£3.50
KEEMA NAN .....	£3.50
GARLIC NAN .....	£3.50
CHICKEN NAN .....	£3.50
CHAPATI.....	£2.00
PARATHA .....	£3.75
STUFFED PARATHA .....	£3.95
CHIPS.....	£2.95
CUCUMBER RAITHA.....	£2.95
INDIAN SALAD.....	£3.50
ANY CURRY SAUCE .....	£3.75
PURI.....	£2.00

## SOFT DRINKS

COKE / DIET COKE / ORANGE JUICE / SPRITE/FANTA ORANGE .....	PINT £3.75 .....	£2.50
PERRIER WATER .....	BOTTLE	N/A
JUG OF MANGO LASSIE .....		£8.95
J20 ORANGE & PASSION, APPLE & RASBERRY.....		£2.95

You are welcome to bring your own wine & beer

**PLEASE DO NOT BRING SOFT DRINKS**